



Lite Fare Menu

*Our lite fare menu is available everyday from 12:30 – 7:00pm
from the bar, on the beach, at the pool, or with us in the restaurant during lunch.*

Panini Mozzarella Caprese

mozzarella, tomato, basil

Panini Grilled Chicken

grilled chicken breast, cheddar, honey mustard

East Winds Spring Rolls

shrimp, chicken, vegetables, sweet chili sauce

Fish Kebabs

daily catch, vegetables, sweet miso sauce

Fresh Dip Trio

*roasted eggplant and bacon, cauliflower and yellow split peas,
plantain and cream cheese, fresh breads*

*Enjoy one of the following with your Panini Sandwich or choose
any of the following to enjoy on it's own.*

French Fries / Mixed Greens Salad / Potato Wedges / Fresh Fruit Plate

Prices in XCD, subject to 10% service charge



Live Music Nightly

Monday

Island Folk Music, Intense Heat

Tuesday

Pianist, Tomlin Sydney

Wednesday

Guitarist, Bernard Simeon

Thursday

Pianist, Dien Thomas

Friday

Island Folk Music, The Shak Shak Band

Saturday

Jazz Horn, Barthelmy Gustave

Sunday

Pianist, Dien Thomas